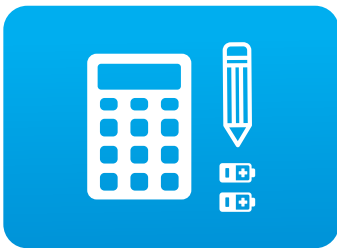


# ACT<sup>®</sup> GAME DAY! DAY!

Small details make big differences on game day. Make sure you're ready for the ACT!

## THE NIGHT BEFORE...



### MATERIALS

Make sure you have:

- #2 Pencils
- Calculator
- Extra Batteries



### REGISTRATION TICKET

Test registration papers should go with your test materials next to the door so you don't forget anything on your way out.



### SLEEP

Start getting into a good sleep routine the week leading up to your test.



### DISTRACTION-FREE

Don't be tempted—avoid social media before bedtime to get a good night's sleep.

## THE DAY OF...



### FOOD

Your brain needs calories to function. Focus on eating a good breakfast and bring along a healthy, mid-test snack.



### CLOTHES

Dress in layers so you can adjust if the test room is too warm or too cold.



### EARLY ARRIVAL

Double-check your test location the day before and plan to leave with enough time to be early.